



GOLDEN FISHY BISCUITS

INGREDIENTS

- 1 tin of tuna/ salmon/ sardines
- 1/2 cup coconut flour
- 1 large egg (add additional egg if needed)
- 3tsp coconut oil (melted)
- 1/2tsp turmeric powder
- 60ml water
- Optional can add 1 cup oats just adjust adding water amount to suit.

This is a great recipe with no harmful additives. The fishy smell is always a winner to spark drive & motivation by dogs & even the fussy eaters. The turmeric also has anti-inflammatory properties to help those aches & pains!



PREP TIME: 15MINS
COOK TIME: 20MINS

DIRECTIONS

- 1. Preheat oven to 180C. Line baking tray with baking paper.**
- 2. Mix or blend in food processor the fish & turmeric.**
- 3. Add the egg & flour to the fish & tumeric. Mix or blend together.**
- 4. Combine in the water a little at a time to get the right sticky consistency.**
- 5. Transfer & spread onto baking paper.**
- 6. Bake in preheated over for 20-25mins until the mixture is hard & biscuit consistency.**
- 7. Take out the oven & cut into small pieces whilst it is warm. Then leave to fully cool.**
- 8. Contain in an air tight container to keep fresh & smelly for your dog.**

Can store for 1 week in container on the side, 2 weeks in the refrigerator or up to 3 months in the freezer if you would like to batch bake them!

Play around with the water & flour consistency to see what works for you. You may want a more dough consistency for cutting the biscuits into specific shapes.

FAMOUS LIVER CAKE



INGREDIENTS

- 450g (1lb) Raw liver
- 450g of Self raising flour (gluten free for those dogs with allergies)
- 3 large eggs
- 3tbsp water

This is a great recipe with no harmful additives. This treat is easier to handle if you are not keen on the fishy hand smell.



PREP TIME: 15MINS
COOK TIME: 30MINS

DIRECTIONS

- 1. Preheat oven to 180C. Line baking tin with baking paper.**
- 2. Blend in food processor the liver until smooth.**
- 3. Add the egg & flour to the liver. Blend together.**
- 4. Combine in the water to get the right thick consistency.**
- 5. Transfer & spread onto baking paper.**
- 6. Bake in preheated oven for 30mins until the mixture is firm to touch & golden brown on top. You can insert a knife to the middle, it should come out clean if ready, not sticky.**
- 7. Take out the oven & cut into small pieces whilst it is warm. Then leave to fully cool.**
- 8. Contain in an air tight container to keep fresh & smelly for your dog.**

Can store for 1 week in container on the side, 2 weeks in the refrigerator or up to 3 months in the freezer if you would like to batch bake them!

BANANA & CARROT DELIGHTS



INGREDIENTS

- 2 cups of coconut flour
- 1 cup oats
- 1 banana (mashed)
- 1 carrot (grated)
- 1 cup of warm water
- 1 egg

This is a great recipe with no harmful additives. This treat is easier to handle & take with you on your travels.



PREP TIME: 15MINS
COOK TIME: 30MINS

DIRECTIONS

- 1. Preheat oven to 180C. Line baking tin with baking paper.*
- 2. Blend or mix all ingredients together until a dough texture*
- 3. knead & roll out the dough to 1cm thick*
- 4. Combine in the water to get the right thick consistency. Cut with cookie cutter.*
- 5. Transfer & spread onto baking paper.*
- 6. Bake in preheated oven for 30mins until the mixture is firm to touch & golden brown on top.*
- 7. Take out the oven. Then leave to fully cool.*
- 8. Contain in an air tight container to keep fresh for your dog for 2 weeks or freeze for 3 months.*



CHEESY BICCIES

INGREDIENTS

- 1 cup of coconut flour
- 1 cup cheddar cheese (grated)
- 1 egg
- 2tbsp Coconut oil (melted)
- 1/2 cup of warm water
- Optional oats (just alter water consistency)

This is a great recipe with no harmful additives. This treat is easier to handle to take with you on your travels.



PREP TIME: 15MINS
COOK TIME: 30MINS

DIRECTIONS

- 1. Preheat oven to 180C. Line baking tin with baking paper.**
- 2. Blend or mix flour & cheese together.**
- 3. Add the egg & oil in to the mixture until fully combined.**
- 4. Add in the water a little at a time to get the dough consistency right.**
- 5. Knead & roll out & Transfer & spread onto baking paper. Use Cookie cutter for shapes.**
- 6. Bake in preheated oven for 30mins until the mixture is firm to touch & golden brown on top.**
- 7. Take out the oven. Then leave to fully cool.**
- 8. Contain in an air tight container to keep fresh for your dog for up to 2 weeks or freeze for 3 months.**

EASY PUP CUP SMOOTHIE



INGREDIENTS

- 1/2 cup Greek or natural yoghurt
- 1 /2 cup of mashed banana
- 1/2 cup strawberries
- Dog biscuits for centre
- 1/2 cup of warm water
- Optional can use oat / coconut milk for alternative to yoghurt.

This is a great recipe with no harmful additives. This treat is easier to make, try swapping the ingredients around for others such as adding watermelon instead of banana, or blueberries, pomegranate, pumpkin or pear!



PREP TIME: 10MINS

DIRECTIONS

- 1. Get some small plastic cups or use an ice lolly mould or ice cube tray!**
- 2. Blend everything together.**
- 3. Pour into one of the containers & add biscuits in the centre.**
- 4. Freeze in freezer. When frozen take out and allow to thaw for 3-5mins at room temp.**
- 5. Take out of container & give to your dog.**
- 6. Can store in freezer up to 3 months**

KONG / TOY FILLER IDEAS



When it comes to filling up your dogs Kong, many of us get stuck & resort to buying the kong squirty stuff or peanut butter. Here are some tips on what to pack your dogs toy with. The more you pack it full the harder the challenge!

- Meats - Tuna, shredded chicken, salmon, sardines, cooked beef, cooked liver, ground turkey mince, sausage, high quality natural dog pate, high quality dog meat.
- Vegetables- Cooked Carrots, peas, spinach, parsley/ mint leaves (for good breath), mashed sweet potato, mashed white potato, courgette, butternut squash. As long as it is dog safe the list is extensive!
- Fruit- Banana, pear, apple, blueberries, strawberries, melon, oranges, pineapple, mango, raspberry, kiwi.
- Extra- Pasta, rice, natural yoghurt, greek yoghurt, normal kibble, safe left overs, add in chews for a extra challenge



For further information on what foods are toxic & unsafe for dogs to eat, copy & paste this link in your browser:

<https://www.battersea.org.uk/pet-advice/dog-care-advice/toxic-food-dogs>

